



For Immediate Release
Date: June 2009
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Day Haven Offers Free Support to Family Caregivers

(Ronkonkoma, NY)... Day Haven Adult Day Services, providers of day time care and therapeutic activities for frail older adults and individuals with Alzheimer's disease or a related dementia, offers **free** monthly caregiver support groups for family caregivers. Support groups at Day Haven provide emotional support and practical advice when caring for a frail older adult or someone with memory loss. The groups meet at the following times:

Second Tuesday of each month, 6:00 p.m. to 7:30 p.m., 2210 Smithtown Avenue, Ronkonkoma
Upcoming meeting dates: July 14, August 11, September 8, October 13, 2009

Last Friday of each month, 10:00 a.m. to 11:30 a.m., 2210 Smithtown Avenue, Ronkonkoma
Upcoming meeting dates: June 26, July 31, August 28, September 25, October 30, 2009

First Wednesday of each month, 6:30 p.m.– 8:00 p.m., 1 Jefferson's Ferry Drive, South Setauket, NY.
Upcoming meeting dates: July 1, August 5, September 2, October 7, 2009

Third Wednesday of each month, 1:00 p.m. – 3:00 p.m., 185 South Country Road, Bellport, NY.
Upcoming meeting dates: July 15, August 19, September 16, October 21, 2009

On-site, professional care for frail older adults and those with Alzheimer's is available during the meetings free of charge. Please call ahead to confirm the dates and to make a reservation if you need care for your loved one. For more information, please call Julie Wexler at Day Haven Adult Day Services, (631) 585-2020, ext. 260.

Caregiver Support Groups at Day Haven Adult Day Services are supported in part by an Alzheimer's Disease Community Service Program grant from the New York State Department of Health.

About Day Haven

Day Haven Adult Day Services is a social model adult day care program with centers in Port Jefferson and Ronkonkoma, NY, offering day time care and therapeutic recreation for frail older adults and those with Alzheimer's or a related dementia. Caregiver Support Groups, free on-site care, and one-on-one support are funded in part by the New York State Department of Health Alzheimer's Disease Community Service Program Grant.

Day Haven Adult Day Services
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